Getting Reimbursed: Updates on Billing and Documentation for Health Behavior Assessment & Intervention (HBAI) Services in 2020

Stephen Gillaspy, PhD
APA Senior Director of Health Care Financing

Meghann Dugan-Haas
APA Coding & Payment Policy Officer

American Psychological Association Services, Inc.

November 2019
Objectives

- Understand the H&B code set review & revision process
- Introduce the 2020 Health Behavior Assessment and Intervention Services
  - Review of the new CPT® codes, descriptions, and coding structure
  - Explanation of how the existing codes crosswalk to the new codes
- Apply the new codes using clinical examples
- Review coding guidelines, payment policies and reimbursement values
Overview of the Health & Behavior (H&B) Review and Revision Process

Stephen Gillaspy, PhD
Meghann Dugan-Haas
H&B Codes: 2002 – 2019

- H&B codes initially implemented in 2002

- Periodic review of existing codes by CMS and the AMA RUC – H&B codes discussed in April 2018

- Determined the entire family of H&B services should be reviewed and revised

- APA re-surveyed and presented updated recommendations to the RUC in January 2019
Purpose of Revisions to H&B Codes

• More accurate reflection of current clinical practice

• Greater emphasis on interdisciplinary care and teamwork with health care providers in primary and specialty care settings
HBAI Revised Code Set

- Deletion of existing H&B CPT® codes (96150-96155)

- To be replaced with the new family of Health Behavior Assessment and Intervention (HBAI) codes

- Extensive changes will go into effect on January 1, 2020
  - Timed vs. Untimed Codes for Assessment Services
  - New Base / Add-on Coding Structure for Intervention Services
  - Updated Units of Time for Reporting Services
  - Updated Physician Work Relative Value Units (wRVUs)
2020 Health Behavior Assessment and Intervention Resources

Stephen Gillaspy, PhD
Meghann Dugan-Haas
APA HBAI Resources

- Visit the Reimbursement section of APA Service, Inc.’s website to access all news and resources related to the new/revised HBAI code set:
  - [www.apaservices.org/practice/reimbursement/health-codes](www.apaservices.org/practice/reimbursement/health-codes)

- Currently you will find the following educational items as well as links to APA published articles:
  - Descriptors for 2020 Health Behavior Assessment and Intervention Services CPT Codes for Psychologists
  - Descriptors and Work Relative Value Units (wRVUs) 2020 Health Behavior Assessment and Intervention Services CPT Codes for Psychologists
  - Crosswalk for 2020 Health Behavior Assessment and Intervention Services CPT Codes
APA HBAI Resources (Cont’d)

• Stay tuned to APA publications for new information and resources to assist you and your staff with transitioning and implementing the new HBAI codes by January 1, 2020.

• Additional APA resources are forthcoming, including:
  • 2020 Health Behavior Assessment and Intervention Billing and Coding Guide
  • FAQs
APA Services, Inc. assists members with health insurance and managed care issues involving private and government insurers. The latter includes Medicare, Medicaid and TRICARE. Issues include billing, contracting, restrictions on care, and parity & HIPAA compliance. Approaches range from collaborative resolutions with enlightened companies and agencies -- to complaints to regulators, lobbying federal and state legislatures, and lawsuits.

- For issues related to billing codes and Medicare, contact the Office of Health Care Finance at ohcf@apa.org.

- For issues with Medicaid or private insurers, contact the Office of Legal and Regulatory Affairs at praclegal@apa.org.