Getting Reimbursed:
Updates on Billing and Documentation for Health Behavior Assessment & Intervention (HBAI) Services in 2020

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Objectives

- Understand the H&B code set review & revision process
- Introduce the 2020 Health Behavior Assessment and Intervention Services
  - Review of the new CPT® codes, descriptions, and coding structure
  - Explanation of how the existing codes crosswalk to the new codes
- Apply the new codes using clinical examples
- Review coding guidelines, payment policies and reimbursement values
Health Behavior Assessment and Intervention Services
2020 Coding Guidelines and Payment Policies

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To more clearly describe the services in this subsection, the heading in the CPT Manual is now “Health Behavior Assessment and Intervention”

Guidelines have been added to describe the difference between assessment and interventions, including definitions for health behavior assessment and health behavior intervention.
E/M Services codes (including 99401-99412) should not be reported on the same day as HBAI codes by the same provider.

HBAI can occur and be reported on the same DOS as E/M services, as long as:

- HBAI is reported by a physician or other QHP and
- The E/M service is reported by a different physician or other QHP that is eligible to perform the services located in the Evaluation and Management or Preventive Medicine Services section of the 2020 CPT® Manual.
HBAI should **not** be billed in conjunction with:

- Psychiatry services (CPT codes 90785-90899)  
  OR
- Adaptive behavior services (CPT codes 97151, 97152, 97153, 97154, 97155, 97156, 97157, 97158, 0362T, 0373T)

However, if a patient requires Health Behavior services **AND** Psychiatry services **AND/OR** adaptive behavior services on the same date of service, then the **predominant service performed** should be reported.
Visit the Reimbursement section of APA Service, Inc.’s website to access all news and resources related to the new/revised HBAI code set:
- www.apaservices.org/practice/reimbursement/health-codes

Currently you will find the following educational items as well as links to APA published articles:
- Descriptors for 2020 Health Behavior Assessment and Intervention Services CPT Codes for Psychologists
- Descriptors and Work Relative Value Units (wRVUs) 2020 Health Behavior Assessment and Intervention Services CPT Codes for Psychologists
- Crosswalk for 2020 Health Behavior Assessment and Intervention Services CPT Codes
APA HBAI Resources (Cont’d)

• Stay tuned to APA publications for new information and resources to assist you and your staff with transitioning and implementing the new HBAI codes by January 1, 2020.

• Additional APA resources are forthcoming, including:
  • 2020 Health Behavior Assessment and Intervention Billing and Coding Guide
  • FAQs
Thank You!

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- For issues related to billing codes and Medicare, contact the Office of Health Care Finance at ohcf@apa.org.

- For issues with Medicaid or private insurers, contact the Office of Legal and Regulatory Affairs at praclegal@apa.org.