Getting Reimbursed: Updates on Billing and Documentation for Health Behavior Assessment & Intervention (HBAI) Services in 2020

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Objectives

- Understand the H&B code set review & revision process
- Introduce the 2020 Health Behavior Assessment and Intervention Services
  - Review of the new CPT® codes, descriptions, and coding structure
  - Explanation of how the existing codes crosswalk to the new codes
- Apply the new codes using clinical examples
- Review coding guidelines, payment policies and reimbursement values
Work Values for the 2020 Health Behavior Assessment and Intervention Services

Stephen Gillaspy, PhD
Meghann Dugan-Haas
# 2020 Work Relative Value Unit (wRVU) Updates for HBAI Services

<table>
<thead>
<tr>
<th>CPT® Code</th>
<th>2020 CPT Code Description</th>
<th>RUC Rec. wRVU</th>
<th>CMS Proposed wRVU</th>
<th>CMS Final 2020 wRVU</th>
</tr>
</thead>
<tbody>
<tr>
<td>96156</td>
<td>Health behavior assessment, or re-assessment (i.e., health-focused clinical interview, behavioral observations, clinical decision making)</td>
<td>2.10</td>
<td>2.10</td>
<td>2.10</td>
</tr>
<tr>
<td>96158</td>
<td>Health behavior intervention, individual, face-to-face; initial 30 minutes</td>
<td>1.45</td>
<td>1.45</td>
<td>1.45</td>
</tr>
<tr>
<td>96159</td>
<td>each additional 15</td>
<td>0.50</td>
<td>0.50</td>
<td>0.50</td>
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<tr>
<td>96164</td>
<td>Health behavior intervention, group (2 or more patients), face-to-face; initial 30 minutes</td>
<td>0.21</td>
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</tr>
<tr>
<td>96165</td>
<td>each additional 15 minutes</td>
<td>0.10</td>
<td>0.10</td>
<td>0.10</td>
</tr>
</tbody>
</table>
2020 Work Relative Value Unit (wRVU) Updates for HBAI Services (Cont’d)

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</thead>
<tbody>
<tr>
<td>96167</td>
<td>Health behavior intervention, family (with the patient present), face-to-face; initial 30 minutes</td>
<td>1.55</td>
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<tr>
<td>96168</td>
<td>each additional 15</td>
<td>0.55</td>
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<td>0.55</td>
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<tr>
<td>96170</td>
<td>Health behavior intervention, family (without the patient present), face-to-face; initial 30 minutes</td>
<td>1.50</td>
<td>1.50</td>
<td>1.50</td>
</tr>
<tr>
<td>96171</td>
<td>each additional 15 minutes</td>
<td>0.54</td>
<td>0.54</td>
<td>0.54</td>
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</tbody>
</table>
2020 Health Behavior Assessment and Intervention Resources

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Meghann Dugan-Haas
APA HBAI Resources

- Visit the Reimbursement section of APA Service, Inc.’s website to access all news and resources related to the new/revised HBAI code set:
  - www.apaservices.org/practice/reimbursement/health-codes

- Currently you will find the following educational items as well as links to APA published articles:
  - Descriptors for 2020 Health Behavior Assessment and Intervention Services CPT Codes for Psychologists
  - Descriptors and Work Relative Value Units (wRVUs) 2020 Health Behavior Assessment and Intervention Services CPT Codes for Psychologists
  - Crosswalk for 2020 Health Behavior Assessment and Intervention Services CPT Codes
APA HBAI Resources (Cont’d)

• Stay tuned to APA publications for new information and resources to assist you and your staff with transitioning and implementing the new HBAI codes by January 1, 2020.

• Additional APA resources are forthcoming, including:
  • 2020 Health Behavior Assessment and Intervention Billing and Coding Guide
  • FAQs
APA Services, Inc. assists members with health insurance and managed care issues involving private and government insurers. The latter includes Medicare, Medicaid and TRICARE. Issues include billing, contracting, restrictions on care, and parity & HIPAA compliance. Approaches range from collaborative resolutions with enlightened companies and agencies -- to complaints to regulators, lobbying federal and state legislatures, and lawsuits.

• For issues related to billing codes and Medicare, contact the Office of Health Care Finance at ohcf@apa.org.

• For issues with Medicaid or private insurers, contact the Office of Legal and Regulatory Affairs at praclegal@apa.org.