Getting Reimbursed: Updates on Billing and Documentation for Health Behavior Assessment & Intervention (HBAI) Services in 2020

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Objectives

- Understand the H&B code set review & revision process
- Introduce the 2020 Health Behavior Assessment and Intervention Services
  - Review of the new CPT® codes, descriptions, and coding structure
  - Explanation of how the existing codes crosswalk to the new codes
- Apply the new codes using clinical examples
- Review coding guidelines, payment policies and reimbursement values
Health Behavior Assessment

Clinical Example

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Structure of a Typical CPT® Code

Three (3) parts of a typical CPT® code:

- **Pre-Service Work**: QHP Work Performed Prior To the Patient Visit (Non-Face-to-Face Services)
- **Intra-Service Work**: QHP Work Performed During the Patient Visit (Face-to-Face Services)
- **Post-Service Work**: QHP Work Performed After the Patient Visit (Non-Face-to-Face Services)
A 65-year-old male with osteoarthritis, chronic back pain, and medication-related somnolence is referred for health behavior assessment to determine the psychological factors requiring intervention as part of the patient’s overall treatment plan.
# Health Behavior Assessment
## Claim Form Completion

<table>
<thead>
<tr>
<th>A. DATE(S) OF SERVICE</th>
<th>B. PLACE OF SERVICE</th>
<th>C. CODE</th>
<th>D. PROCEDURES, SERVICES, OR SUPPLIES</th>
<th>E. DIAGNOSIS</th>
<th>F. CHARGES</th>
<th>G. DAYS OR UNITS</th>
</tr>
</thead>
<tbody>
<tr>
<td>From MM DD YY To MM DD YY</td>
<td>(Explain Unusual Circumstances) CPT/HCPCS MODIFIER</td>
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<td>01 29 20</td>
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</tbody>
</table>

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2020 Health Behavior Assessment and Intervention Resources

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APA HBAI Resources

- Visit the Reimbursement section of APA Service, Inc.’s website to access all news and resources related to the new/revised HBAI code set:
  - [www.apaservices.org/practice/reimbursement/health-codes](http://www.apaservices.org/practice/reimbursement/health-codes)

- Currently you will find the following educational items as well as links to APA published articles:
  - Descriptors for 2020 Health Behavior Assessment and Intervention Services CPT Codes for Psychologists
  - Descriptors and Work Relative Value Units (wRVUs) 2020 Health Behavior Assessment and Intervention Services CPT Codes for Psychologists
  - Crosswalk for 2020 Health Behavior Assessment and Intervention Services CPT Codes
APA HBAI Resources (Cont’d)

• Stay tuned to APA publications for new information and resources to assist you and your staff with transitioning and implementing the new HBAI codes by January 1, 2020.

• Additional APA resources are forthcoming, including:
  • 2020 Health Behavior Assessment and Intervention Billing and Coding Guide
  • FAQs
Thank You!

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• For issues related to billing codes and Medicare, contact the Office of Health Care Finance at ohcf@apa.org.

• For issues with Medicaid or private insurers, contact the Office of Legal and Regulatory Affairs at praclegal@apa.org.