Getting Reimbursed: Updates on Billing and Documentation for Health Behavior Assessment & Intervention (HBAI) Services in 2020

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American Psychological Association Services, Inc.

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Health Behavior Intervention Services
Clinical Examples

Stephen Gillaspy, PhD
Structure of a Base Code

- Pre- and Post-service activities performed only once

**BASE CODE (Used Once)**

**Pre-Service Work**
- Review of patient records & Results of prior health behavior assessment(s)

**Intra-Service Work**
- Intervention Service

**Post-Service Work**
- Coordinate/provide feedback to interdisciplinary team & family

**QHP Work Performed**
- **Prior To** the Patient Visit (Non-Face-to-Face Services)
- **During** the Patient Visit (Face-to-Face Services)
- **After** the Patient Visit (Non-Face-to-Face Services)
Structure of an Add-On Code

- Pre- and Post-service activities removed

QHP Work Performed **During** the Patient Visit
(*Face-to-Face Services*)

ADD-ON CODE
(Possibly used multiple times)
A 55-year-old female with heart disease, migraines, and hypertension is referred for health behavior services to improve patient treatment compliance and engagement in self-management.
<table>
<thead>
<tr>
<th>A. DATE(S) OF SERVICE</th>
<th>B. PLACE OF SERVICE</th>
<th>C. EMG</th>
<th>D. PROCEDURES, SERVICES, OR SUPPLIES</th>
<th>E. DIAGNOSIS POINTER</th>
<th>F. $ CHARGES</th>
<th>G. DAYS OR UNITS</th>
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A 35-year-old obese post-bariatric surgery female with poor adherence to treatment regimens and multiple medical complications is referred for group health behavior intervention to improve post-surgery adjustment and treatment compliance.
# Group Intervention

## Claim Form Completion

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<th>Procedures, Services, or Supplies</th>
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A 36-year-old married female diagnosed with breast cancer and who is undergoing aggressive chemotherapy and radiation therapy with poor adherence to treatment regimens and multiple medical complications is referred for family intervention to improve patient adjustment to the diagnosis and compliance with the patient’s management and treatment plan.
Family Intervention (with patient present) Claim Form Completion

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<th>B. PLACE OF SERVICE</th>
<th>C. EMG</th>
<th>D. PROCEDURES, SERVICES, OR SUPPLIES (Explain Unusual Circumstances)</th>
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<th>F. $ CHARGES</th>
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The family of a 9-year-old boy diagnosed with Type I diabetes is referred for intervention because of the patient’s continuing refusal to self-inject his insulin and to test his own glucose levels.
### Family Intervention (without patient present) Claim Form Completion

<table>
<thead>
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<th>DATE(S) OF SERVICE</th>
<th>PLACE OF SERVICE</th>
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APA HBAI Resources

- Visit the Reimbursement section of APA Service, Inc.’s website to access all news and resources related to the new/revised HBAI code set:
  - www.apaservices.org/practice/reimbursement/health-codes

- Currently you will find the following educational items as well as links to APA published articles:
  - Descriptors for 2020 Health Behavior Assessment and Intervention Services CPT Codes for Psychologists
  - Descriptors and Work Relative Value Units (wRVUs) 2020 Health Behavior Assessment and Intervention Services CPT Codes for Psychologists
  - Crosswalk for 2020 Health Behavior Assessment and Intervention Services CPT Codes for Psychologists
• Stay tuned to APA publications for new information and resources to assist you and your staff with transitioning and implementing the new HBAI codes by January 1, 2020.

• Additional APA resources are forthcoming, including:
  • 2020 Health Behavior Assessment and Intervention Billing and Coding Guide
  • FAQs
APA Services, Inc. assists members with health insurance and managed care issues involving private and government insurers. The latter includes Medicare, Medicaid and TRICARE. Issues include billing, contracting, restrictions on care, and parity & HIPAA compliance. Approaches range from collaborative resolutions with enlightened companies and agencies -- to complaints to regulators, lobbying federal and state legislatures, and lawsuits.

• For issues related to billing codes and Medicare, contact the Office of Health Care Finance at ohcf@apa.org.

• For issues with Medicaid or private insurers, contact the Office of Legal and Regulatory Affairs at praclegal@apa.org.