

Advisory Committee for Measurement-based Care (MBC) and the Mental and Behavioral Health Registry (MBHR)

2025 Annual Report

Purpose

The Advisory Committee oversees the MBC and MBHR initiatives and collaborates with governance and staff to (1) inform and influence the field more broadly about measurement-based care and quality; (2) make recommendations regarding the dissemination and implementation of measurement-based care; (3) define, develop, and revise the quality measures that are included in the [APA Mental and Behavioral Health Registry \(MBHR\)](#), a cloud-based clinical resource approved by the Centers for Medicare and Medicaid Services (CMS) to participate in the Merit-Based Incentive Payment System (MIPS) as a Qualified Clinical Data Registry (QCDR); and (4) identify additional resources for registry users, mental and behavioral health providers, and consumers.

Yearly Overview/Highlights Summary

- The committee gathered virtually for the October Strategy Retreat, where committee members evaluated current committee initiatives and outlined goals for 2026.
- Neuropsychology measure MBHR 11 and MBHR16 will be combined for 2026
- In collaboration with Brown University and Northwestern University on a survey, the provider Edu/novel media subcommittee developed a final list of MBC competency skills framework.
- “Advances in measurement-based care require a variety of methodologies: A research agenda” was submitted for peer review.
- Committee members presented at APA 2025- »Using.Data.to.Enhance.Care;The.APA. Professional.Practice.Guidelines.on.Measurement_Based.Care;

In 2025, the committee accomplished numerous milestones to expand the use of measurement-based care and influence how high-quality mental health care is measured including gathering together in October for a strategy retreat for the purpose of evaluating current initiatives and outlining future initiatives, the completion of the MBC Name survey, development and finalization of a skills framework, completion and submission of a research agenda manuscript to guide future research on MBC, and a presentation at APA 2025 regarding the MBC professional practice guidelines.

With respect to the registry, the committee completed a thorough quality assurance process with the existing MBHR measures and received approval from CMS to continue serving as QCDR with reapproval of MBHR1, MBHR2, MBHR7, MBHR19, as well as combine MBHR11 and MBHR16 into MBHR20 (Differential Cognitive Assessment with Safety and Risk Counseling).

Dr. Ruben Martinez was selected to serve as committee Chair for 2026. Two committee members rotated off the committee after fulfilling their service terms in 2025. A call for nominations to fill open positions on the committee was disseminated in November with five new committee members being selected to join the committee starting in Q1 of 2026, which includes the addition of a student member.

2025 Committee Activities and Achievements

- The committee selected three new BPA-approved committee members. The new members were chosen given the high caliber of the nominees and in anticipation of additional members completing their service terms in 2025.
- Working from strategic planning efforts, the committee recommitted to specific goals and tactics focused on expanding the use of measurement-based care in the field of psychology and maintaining and improving the MBHR as a Qualified Clinical Data Registry for mental and behavioral health practitioners.
- The committee completed a thorough quality assurance process with the existing MBHR measures and received approval from CMS to continue serving as QCDR with reapproval of MBHR1, MBHR2, MBHR7, MBHR19, as well as combine MBHR11 and MBHR16 into MBHR20 (Differential Cognitive Assessment with Safety and Risk Counseling).
- Committee members presented at APA 2025- »Using.Data.to.Enhance.Care¿The.APA. Professional.Practice.Guidelines.on.Measurement_Based.Care;

Projected 2026 Activities

The committee began setting strategic goals for the next 12 to 24 months. The committee plans to develop a two-year plan by March, including goals, objectives, and deliverables